

I am  
the Bread  
of Life

John 6:35



**HIGHLANDS UNITED PRESBYTERIAN  
CHURCH**

**SERVICE OF WORSHIP**

**August 19, 2018**

**20th Sunday of Ordinary Time**

**“And More Bread”**

**HIGHLANDS UNITED PRESBYTERIAN CHURCH**

The Rev. Dr. David Lee, Pastor  
Laura Sambito, DCE  
Gibson Dixon, Director of Music  
Anneliese Robbins, Church Administrator  
10900 McCormick Road  
Jacksonville, FL 32225  
904-641-9622  
[hupcjax.org/hchurchjax@gmail.com](http://hupcjax.org/hchurchjax@gmail.com)

**“This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.” (John 6:58)**

WELCOME to HUPC! These columns are intended to offer some information and explanation in our worship.

As we prepare our hearts and minds to be open to the coming of the Word, we welcome Gibson Grimm to the piano. He'll be sharing "First Arabesque in E-Major" by Claude Debussy.

Our Service begins with a **WELCOME** to all who are gathered to worship together. We share news of our life together as a church in our service because what we do, outside of worship, is a very vital portion of our 'service to God'.

Our Call to Worship each week is designed to bring us into focus and help us to heighten our awareness of being in a special place, in the presence of God.

Our "Gathering Prayer" is an opportunity for us to center our minds and hearts on the presence of God in our worship today.

"O God of Earth and Space" is our Gathering Hymn. Written by Presbyterian Hymnist Jane P. Huber this hymn is a celebration of God's creation, presence and sustaining love.

# HIGHLANDS UNITED PRESBYTERIAN CHURCH

## A Celebration of Worship

August 19, 2018 – 20<sup>th</sup> Sunday in Ordinary Time

### "ENTER WITH REVERENCE TO WORSHIP GOD"

#### MUSIC AND TIME OF PREPARATION

*(Enter reverently. Before the service, speak to God.  
During the service, let God speak to you. After the service, speak to one another.)*

#### PRELUDE AND BRINGING THE LIGHT

"First Arabesque in E-Major" Claude Debussy  
Gibson Grimm, Piano

#### WELCOME TO WORSHIP AND SHARING LIFE IN THE CHURCH

##### \*GATHERING FOR WORSHIP

Toast, biscuits, corn bread, croissants, pita, challah, pumpernickel, rye, multi-grain, wonder bread, manna –

**It's life in a loaf.**

God has some more bread for us today for our gathering in this sacred place. In this moment we share a sacred purpose, let us make the most of our time together.

**We have come to worship the Lord our God.**

As we sing psalms and hymns and spiritual songs, let us make the most of our time together.

**We have come to worship the Lord our God.**

As we respond to the melody in our hearts, let us make the most of our time together.

**We have come to worship the Lord our God.**

##### \*GATHERING PRAYER (Responsive)

"O Lord our God,  
though we are as little children,  
not fully able to discern the spiritual forces coming in and out of our lives, you have chosen us as your people.

**Give your servants understanding minds to discern between the good and evil surrounding us each day, that we may choose what is good and pleasing in your sight and hear us as we pray your given prayer, "Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen."**

##### \*GATHERING HYMN NO. 274 "O God of Earth and Space"

\* - Those who are comfortable will please stand

**\*PASSING THE PEACE** (Please Remain Standing)

May the peace of the Lord Jesus Christ be with you.

**And also with you.**

(At this time you are invited to share a sign of peace: a hug, a handshake, a kiss...)

**\*CHORAL RESPONSE:** (Hymn. No. 438, vs. 1)

***“Blest be the tie that binds, Our hearts in Christian love:  
The fellowship of kindred minds is like to that above.”***

**"SEEK FORGIVENESS AND FELLOWSHIP"**

**\*CONFESSION AND PARDON (Responsively)**

Like a caring parent, God wants us to be nurtured and fed so that we might not just live but live well. God sends to us the living bread and calls us to be nourished to live and serve. God will help us. Let us pray:

Merciful God, we celebrate the way that you chose to bring unity and peace to people - through the gift of your Son, our Lord, Jesus Christ, the bread of life. He seeks us out and would call us to himself to nurture and care for us. But we go our own way. Where have we gone astray? We think we know what is best to fill us. We depend on the latest fashion or fad, the perfect diet or dare to think we are already perfect.

**Forgive us when we assume control of our living and then blame you, O God, when things are out of control.**

Jesus has made us members of the household of God and he holds us together through the power of his Spirit. Maybe it is because we like to do things the way that we've always done them that creates barriers and excludes strangers, preventing them from ever having the opportunity to experience the reconciling power of Jesus in their lives.

**Forgive us when we fail to live as you call us.**

We remember with gratitude how people shared their faith with us so that we are no longer lost and alone. So, we pray that the Holy Spirit will continue to bind us together in love and peace, building us up as a witnessing, welcoming and forgiving community of grace. In Jesus' name we pray. Amen.

**Lord, Have Mercy Upon Us!  
Christ, Have Mercy Upon Us!  
Lord, Have Mercy Upon Us!**

**\*ASSURANCE OF FORGIVENESS**

The works of God's hands are faithful and just, and all God's laws are trustworthy. They are established forever and ever, to be performed with faithfulness and uprightness. Through God's righteousness, the people received redemption.

**We experience that redemption through Jesus Christ who came into the world to save sinners. Thanks be to God!**

Our final 'gathering act' we "**Pass the Peace**" as an act of caring, welcome, and mutual love. In any language, the love of God is translated into peace as we join hands and hearts together. We are re-gathered as a worshipping community with a verse from the Hymn "Bless Be the Tie that Binds"

**Corporate Confession:**  
*In the Presbyterian and Reformed Tradition, we do not offer individual confession save for that which we offer in our silent prayers.*

**“The Proclamation of God’s Word”** is central in the life of the worshiping community. This ‘proclamation’ includes the reading of scripture, the sharing of an anthem or musical expression of the day’s theme, the Time With The Young Church and the preaching of the Word.

Embracing the good news that Christ is Alive and living in us, we sing in response to the Word, Alleluia, Alleluia Give Thanks to the LIVING Lord!”

We are a ‘creedal’ church and we use one of the oldest and most endearing creeds, The Apostles’ Creed, set in a more modern and ecumenical form.

## **\*THE GLORIA PATRI**

**“Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, world without end,  
Amen.”**

## **“THE PROCLAMATION OF GOD’S WORD”**

### **OLD TESTAMENT LESSON**

1 Kings 2:10-12; 3:3-14

(OT: p. 304)

The Word of the Lord.

**Thanks Be To God!**

### **SPECIAL MUSIC**

“Savior Teach Me Day By Day”

R. Weidner

*“Savior, teach me day by day thine own lesson to obey,  
Better lesson cannot be, Loving Him Who first loved me.*

*With a childlike heart of love at thy bidding may I move,  
Prompt to serve and follow thee, Loving him who first loved me.”*

### **NEW TESTAMENT LESSON**

Ephesians 5:15-20

(NT: p.194)

\*John 6:51-58

(NT: p.98)

### **TIME WITH THE YOUNG CHURCH**

**INTERLUDE** (All children, ages 3 through 1<sup>st</sup> grade are invited to attend “Children’s Church” after “A Time with the Young Church.” Their leader will meet them in the back of the sanctuary. They may be picked up after worship in the Family Life Center, room #210.)

### **SERMON**

**“And More Bread”**

**“SHARING OUR RESPONSE TO GOD”**

**\*HYMN OF RESPONSE NO. 106 "Alleluia! Alleluia! Give Thanks!"**

**\* AFFIRMATION OF FAITH (The Apostles’ Creed (Ecumenical) in Unison)**

**“I believe in God, the Father Almighty, creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord, who was  
conceived by the Holy Spirit, born of the Virgin Mary, suffered  
under Pontius Pilate, was crucified, died, and was buried;  
he descended to the dead. On the third day he rose again;  
He ascended into heaven, is seated at the right hand of the Father,  
and will come again to judge the living and the dead. I believe in  
the Holy Spirit, the holy catholic (universal) church, the communion  
of saints, the forgiveness of sins, the resurrection of the body and  
the life everlasting. Amen.”**

## BEING THE CHURCH IN MISSION, PRAYER AND GIVING

### AS WE COME TO PRAYER

#### PRAYERS OF THE PEOPLE

Let us pray for the whole people of God in Christ Jesus, and for all people according to their needs. For a sure faith in the comforting promise of our Lord: "I am with you always, even unto the end of the world", and for a tranquil confidence that we are never alone:

**Hear our prayers, O Lord.**

For all of God's people, seeking in these days to be faithful, that they may be fruitful in every way, and that their lives, moved by God's grace, may give God glory:

**Hear our prayers, O Lord.**

For the peace of the whole world, that we may all dwell in safety, and that the Word of God may be heard in word and deed without hindrance in every place:

**Hear our prayers, O Lord.**

For our nation and those who serve in our government at all levels, that all works of civil righteousness may be encouraged, that all wrongdoing might be exposed, and that the light of God's Word may shine in every place:

**Hear our prayers, O Lord.**

For those who are traveling for work or in leisure, that they may go their way in the assurance of God's protection and blessing:

**Hear our prayers, O Lord.**

For those in need, the sick, the suffering, the dying, the mourning, and the lonely especially whom we have named and left unnamed in our hearts, that Christ would grant to each comfort and healing according to His loving kindness:

**Hear our prayers, O Lord.**

And finally, for ourselves, Lord, we pray for peace, for a sense of contentment, for true joy in our living, with enough bread for the day, even as we wait, once again, for the powerful presence of your Holy Spirit. Give us, Lord, this bread of life.

**Hear our prayers, O Lord, Amen.**

### GIVING OF OUR TITHES AND OFFERINGS OFFERTORY

#### \*DOXOLOGY AND PRAYER OF DEDICATION

**"Praise God, from Whom all blessings flow; Praise Him, all creatures here below; Praise Him above, ye heavenly host; Praise Father, Son, and Holy Ghost."**

Please take a moment and read through the prayer concerns on the back of the bulletin.

In our prayers we ask for God's presence with and intervention for those we list each week on the back of the bulletin. We have many who are in ongoing situations of treatment, others who are saddened by loss, and still others who face uncertain futures. We keep these in our prayers today and every day.

We share our Tithes and Offerings as an active response to God's blessings to us in our living. What we give supports the work and worship of the church including all of our programs, our mission efforts and our sharing of mutual love and affection for one another.

A "Charge and Blessing" is the parallel element of worship for the "Call to Worship" which begins the service. The charge is for us to take what we have gained in worship into the world as an active service to God. The blessing is a word to us to remember that God goes with us when we go.

A powerful hymn, "Lord, Speak to Me," sends us out into the world today. We ask that we may speak, lead, teach, be filled and used for God's purpose in the world.

The 'Benediction' offers the final 'good words' said over God's people as they continue to worship in their living day by day.

Please join us in the Dining Hall following worship for a time of fellowship.

### **\*CHARGE AND BLESSING**

God does not ask us to solve all the world's problems,  
nor even to carry all of a neighbor's burdens.

**God knows our frame,  
and remembers that we are made of dust.**

But we are asked to go out into the world in good spirits,  
sharing to the best of our ability God's love and grace.

**With God's help, we will.**

Go then in peace and joy, with the blessing of the Companion God upon  
you, around you, and within you.

**In Our Holy God We Trust! Amen!**

### **\*HYMN OF PARTING NO. 426 "Lord Speak to Me" (vss. 1-4)**

**Lord, speak to me, that I may speak In living echoes of Thy tone;  
As Thou has sought, so let me seek Thine erring children lost and lone.**

**O lead me, Lord, that I may lead The wandering and the wavering feet;  
O feed me, Lord, that I may feed Thy hungering ones with manna sweet.**

**O teach me, Lord, that I may teach The precious things Thou dost impart;  
And wing my words, that they may reach The hidden depths of many a  
heart.**

**O fill me with Thy fullness, Lord, Until my very heart o'erflow In kindling  
thought and glowing word, Thy love to tell, Thy praise to show.**

### **\*BENEDICTION**

### **\*RESPONSE**

**O use me, Lord, use even me, Just as Thou wilt, and when, and where;  
Until Thy blessed face I see, Thy rest, Thy joy, Thy glory share."**

\* \* \* \* \*

**(Please join us in the Dining Hall for a time of fellowship.)**





## HIGHLANDS' HIGHLIGHTS

This Week at Highlands  
Week of August 19<sup>th</sup> – August 25<sup>th</sup>, 2018

### This Week's Calendar of Events:

Today:	9:00 a.m.	Sunday School
	10:00 a.m.	Worship Service
Monday:	9:00 a.m.	Crafty Ladies
	7:00 p.m.	Session Meeting
Wednesday:	7:15 p.m.	Adult Choir Rehearsal
Thursday:	5:30 p.m.	Micah's Backpack Packing

**“WELCOME ONE ANOTHER, AS CHRIST WELCOMES US!”**

**HIGHLANDS UNITED PRESBYTERIAN CHURCH WELCOMES YOU!** We are so glad that you are here and worshipping with us this morning. We are privileged to have you with us and would invite you to a time of Fellowship in our Dining Hall after worship. Please do us a favor by signing the Friendship Register and mark appropriate boxes. There are also visitor cards in the pew racks. **FIRST TIME VISITORS – WE HAVE SOMETHING FOR YOU!** Thanks!

**MEMBERSHIP AT HIGHLANDS** is open to all who believe in Jesus Christ as Lord of their lives and who wish to join in the worship and ministry of this church. The pastor or any member of the Session would be more than happy to discuss this with you.

**A NURSERY IS PROVIDED IN THE FAMILY LIFE** building for those who wish to have their children cared for during worship. Parents receive a 'silent pager' for peace of mind and will be paged in case of any need. Highlands takes great care in caring for your children.

**CHILDREN'S CHURCH FOR AGES 3 THROUGH 1<sup>ST</sup>** grade is in the Family Life building after "A Time with the Young Church," except on Communion Sundays. A nursery is provided for infants through two years of age in the Family Life Center. Worship folders for young Highlands' worshipers can be found at the usher's stand. PARENTS please help your children with their worship experience. **WE LOVE OUR CHILDREN AT HIGHLANDS** and want to keep them safe! Please help us with this goal by ensuring that **all children are supervised by an adult while on the playground at all times.**

**DEVICES ARE AVAILABLE FOR THOSE IN NEED OF HEARING ASSISTANCE AT THE USHER'S STAND.**

### **IMPORTANT INFORMATION**

**TODAY IS the 11<sup>th</sup> Sunday of Pentecost.** This is the fourth in a series of Sundays with 'bread' as the topic. We may get the impression that the relation of Jesus to bread is important to our faith. What Jesus wants us to understand is that he is as basic to us as the most basic form of food. Jesus is life. Fundamental to our faith is our relationship to Jesus which we can strengthen by being nourished on his Word in Sunday School.

**FALL SUNDAY SCHOOL FOR ALL AGES BEGAN TODAY.** Our adult classes are up and running with several options, so you can find at least one (maybe more) that interest you. The Thoughtful Christian Class will be studying the topic of "Forgiveness" next week if you would like to join their discussion. We also have new curriculum for our children and youth and some dedicated teachers ready to have lively and meaningful conversations with your children. PARENTS do you know where your children will be on Sunday mornings? They NEED to be at HUPC so that we can fulfill our vows spoken at their Baptism to nurture them and raise them in the love of their church!! It is the church's responsibility to provide a program (Sunday School, LOGOS, PYC) for your children! It is YOUR responsibility to see that they are here along with you!

**DURING FELLOWSHIP TODAY WE WILL SEE SOME PICTURES AND SHARE SOME TIME WITH YVETTE AND ELIOT PLATEL,** who are the pastor/directors of the Grace of Mercy Outreach Ministry, Inc. in Haiti. We would like to say: **THANKS FOR YOUR HELP!** Thanks to your care and generosity we were able to ship 8+ cartons of goods, including great quantities of school supplies, to Haiti. Highlands Precious Gifts Preschool is providing 30 chairs and a couple of tables for the orphanage/school to use. We shipped gifts and supplies gathered this summer at VBS, some food staples like rice, beans, cooking oil and of course peanut butter and jelly. We also sent lots of good clothing. Thanks for loving and caring for the children of Haiti and those who care for them!!

**ADULT CHOIR BEGINS ON WEDNESDAY AT 7:15 p.m.** We need singers!! We will immediately start working on Advent and Christmas as well as a wonderful array of music for the Fall of the year.

**We have our BLOOD DRIVE** coming up NEXT Sunday. You can sign up with Sharyn today. Thanks for a good response so far.

**IF IT IS 'BACK TO SCHOOL TIME' THEN 'LOGOS' WILL BE COMING SOON!** Our "LOGOS Kickoff" supper is Sept. 5 and "LOGOS" begins on September 12. Which means we need LOGOS volunteers!! **WILL YOU HELP WITH 'LOGOS' THIS YEAR?** We are doing our best to fill positions from a 'welcome to LOGOS check-in' to 'see you next week at LOGOS' and everything in between. (Please talk to Dr. Dave about helping in the kitchen for setup, cooking and clean up.) Did YOU stand up when we baptized the LOGOS children and youth when they were baptized and say 'yes', I'll help to raise them in the nurture and admonition of the Lord?' Guess what – that's what LOGOS and Sunday School are all about. Right now, we have positions to be filled by people who made vows. How about helping this year? LOGOS is great fun!

**WELLNESS & ADULT LOGOS:** Wellness is back on September 5 at 10 a.m. and Adult Logos restarts at 11 a.m. Also, LUNCH BUNCH, which is a fellowship lunch for everyone on each 1<sup>st</sup> Wednesday will resume on the 5<sup>th</sup> at SoulFood Bistro (Atlantic and Kernan/Wal-Mart Shopping Center)

**CRAFTY LADIES:** All are welcome (ladies and gents) to craft with the **Crafty Ladies** on Monday mornings at 9 a.m. The **Highlands Quilt and Sewing Group** meets on Tuesday mornings in Harris Hall at 9 a.m. and invites all interested to attend. If you would like more information on either of these groups, call the church office at 641-9622.

**MICAH'S BACKPACK** volunteers started packing and delivering food for 102 children last Thursday. Thanks to some "behind the scenes" volunteers, the stocking, storing and packing of all the food was so smooth! Many thanks to all the clever Crafty Ladies for their generous support to finance the wall and sliding doors that made our new pantry!! Also, many thanks to David Hernandez Quiros and Scott Hecker for designing and building the wall, it is perfect! Micah's packs every Thursday at 5:30 PM in Harris Hall

**BACK TO PRESCHOOL!** Highlands Precious Gifts is flourishing and will welcome 95+ students tomorrow as they begin their 26th year! Please remember the teachers, staff and students in your prayers this week.

**THE FELLOWSHIP FREEZER IS LOOKING EMPTY!** If you are having fun trying out some new fall recipes, why not double the batch and bring something to put in fellowship's freezer. We all love the "yum-yum's" they have for us on Sunday mornings, so here's a chance to help. By the way, we also take \$\$ in the donation jar!

**FAMILY PROMISE BENEFIT AT THE ALHAMBRA SUNDAY NOVEMBER 4.** This musical look at history is based on the drafting and the signing of the Declaration of Independence... if the founding fathers can agree to do it! Don't miss this funny, insightful and rollicking story of our country's creation. Sunday, November 4 benefits Family Promise of Jacksonville. The show starts at 2:00 pm, doors open at 12:00 pm with the meal being served from 12:30 pm to 1:30 pm. Purchase your ticket from Family Promise or a board member and help support homeless families with children. The ticket of \$60 includes the meal, nonalcoholic beverages, tax, gratuities and a donation to Family Promise. Ticket sales end October 22. For tickets, call Beth Mixson at 904-537-3645 or email [bethmixson@familypromisejax.org](mailto:bethmixson@familypromisejax.org) Family Promise returns to HUPC in late September.

#### OTHER ITEMS OF IMPORTANCE

**OUT WITH THE OLD AND IN WITH THE NEW! We are changing our email addresses starting immediately.** The new primary email for the church will be [hchurchjax@gmail.com](mailto:hchurchjax@gmail.com) which will be for all church related concerns. Anneliese (Church Admin.) will be [hupca1967@gmail.com](mailto:hupca1967@gmail.com) for church related matters that need her attention and a direct response. Dr. Dave's personal church information and other email is: [jaxdoc1955@gmail.com](mailto:jaxdoc1955@gmail.com). Laura's email continues to be: [lsambito@gmail.com](mailto:lsambito@gmail.com) and Michele's is still [msmichele.hpgp@gmail.com](mailto:msmichele.hpgp@gmail.com). The [hchurchjax@gmail.com](mailto:hchurchjax@gmail.com) address will be our address for Google Drive, etc. as well.

**HIGHLANDS' FALL BLOOD DRIVE** is scheduled for Sunday, August 26. Please mark your calendars now and see Sharyn' for more information.

**ARLINGTON COMMUNITY SERVICES: ACS needs the following items:** toothpaste, powdered milk, canned milk, canned pasta, pasta sauce, canned meat, canned tomatoes, canned potatoes, peanut butter, jelly- HUPC's specialty, and toilet tissue. Every grocery order going out of ACS has a jar of HUPC jelly. We had eleven jars of jelly last week. **Don't forget your jelly next Sunday!**

**THANK YOU FOR YOUR CONTINUED LOVE AND SUPPORT FOR THE CHILDREN OF HAITI.** Please make sure your payments are marked "HAITI CHILDREN" to ensure the money goes to the correct place.

#### PRAYER CONCERNS AND TODAY'S SERVICE

**SPECIAL AND ONGOING PRAYERS: PLEASE INCLUDE THE FOLLOWING IN YOUR PRAYERS THIS WEEK:**

**IN THE HOSPITAL AND UNDER GOING TEST:** Tom Douget's brother, Tim, in Houston.

**OUR FRIENDS IN CARE FACILITIES:** At the Atrium Rehab Center – Bruce Marley; At Brookdale Southside: (9601 Southbrook Dr., Jax, FL 32256); Hank Green (N-122): At Clare Bridge: Louise Keen; At the Atrium (9960 Atrium Way, 32225): Boyd and Doreen Harris (#528), Doris Ruby (#219), Others: Fay Sweeney (# E10 A) at Cypress Village, 4600 Middleton Park Circle East, Jacksonville, FL 32224).

**AT HOME:** Jim Walters, Reinhard Bohling, Jim Moss, Joy Patterson, Don Hall, Kit Fink, Jo and Hoagy Carmichael, Kinzey Reeves, Patty Strader, Marilyn Reed, JoAn Ewing, Bruce and Annette Marley, Gwen Brown, Barbara Ash and Carolyn Starkweather.

**FAMILY AND FRIENDS:** Kenneth Moon (Barbara's son), Lenwood Lee (Dr. Dave's father), Ashley Parsons (DCE at Orange Park PC), Ed Mallard, and Rebecca Briones' mom.

**IN THE MILITARY:** Jacob Loerop ( [Jacob.Loerop@CVN68.navy.mil](mailto:Jacob.Loerop@CVN68.navy.mil), IT2 Jacob Loerop CVN 68 USS Nimitz Unit 100103 Box 1771 FPO AP 96620. Amelia Powell ([amelia.powell@cvw7.navy.mil](mailto:amelia.powell@cvw7.navy.mil)) 1163 SW 2<sup>nd</sup> Avenue, Oak Harbor, WA 98277.

**PRAYER BEARS:** Prayer Bears and Caring Critters are available in the Fellowship Hall after each service.

**MEMBER CARE:** Bev Connell is our **Prayer Ministry Coordinator**. Bev's number is (904) 868-9659. Her email address is [bevconn2016@gmail.com](mailto:bevconn2016@gmail.com). Please contact Bev with your prayer request. As always, prayer requests can be made as well by calling the church office, completing the gray slips in the church pews, using the church website ([hupcjax.org](http://hupcjax.org) under "Contact Us") or by notifying your Shepherd.

**FAMILIES WE ARE PRAYING FOR THIS WEEK:** The Bernard Family, The Bauerlein Family and Claudia Beiluss.

**OUR VOLUNTEERS THIS MORNING ARE:** Greeters: Pete and Michele Loerop. Children's Church Leader: David Bauerlein.

**THE FLOWERS ON THE COMMUNION TABLE** are given to the glory of God by Tom and Cindy Sweeney in honor of Fay's 99<sup>th</sup> birthday!